

# Buckland School Newsletter

Buckland School is committed to providing quality education that engages students fully in a wide range of learning experiences that will assist them in preparing for the challenges of the future.

9 February 2015

[www.buckland.school.nz](http://www.buckland.school.nz)

Wk 2 T 1 2015

Dear Parents and Community Members  
Tena Koutou

- ◆ **We have had a wonderful start to the year!**  
Congratulations to all children and staff who have settled quickly back into school routines. Well done also to our new students for their start.
- ◆ **Welcome** to our new student and her family: Rm 1—Shyanne.
- ◆ **School Website**—We are in the process of getting more of our 2015 information onto our website and teachers and staff will be continually adding to this. Go to [www.buckland.school.nz](http://www.buckland.school.nz) Newsletters will be placed in the newsletter section as well as coming home with your eldest in paper form.
- ◆ **Family BBQ/Sports/Swim Afternoon/Evening**—The Board of Trustees invite you all to an evening at school to enjoy our facilities and get to know members of our school community—Friday 20 Feb, 5 p.m. Bring along some food & drinks to share. BBQ will be available & the Board will be putting on a sausage sizzle. (Alcohol is not permitted)
- ◆ **Dates for 2015 Terms:**  
Term 1: Monday 3 Feb—Thurs 2 April  
Term 2: Monday 20 April—Friday 3 July  
Term 3: Monday 20 July—Friday 25 September  
AG Day—Saturday 26 September  
Term 4: Monday 12 October – Wed 16 Dec  
Please make holiday bookings during holiday periods rather than during term time.
- ◆ **School Times:** School begins at **9 a.m.** and finishes at **3 p.m.** A handbell is rung at 8.55 am so that children can be prepared for a start at 9 a.m. Interval is 10.10—10.30 with lunch break 12.40—1.30. The first 15 minutes of lunch are assigned to sitting down and eating.

◆ **Absences:** Please notify the school early each morning that children are going to be away stating the reason for the absence. An answer phone operates. Please note the Ministry guidelines: Prior permission from the principal is to be obtained before an overseas trip.

◆ **Franklin Primary Schools' Triathlon**  
This is being held again this year. The date for this is Tuesday 3 March. We hope lots of children will take part this year. Entries must be done online and made quickly as there is the maximum number. Entries close on 27th Feb. Go to [www.fultonswimschool.co.nz](http://www.fultonswimschool.co.nz) to register. Mrs Glasgow will be taking lunchtime training sessions starting this Wednesday. After school practices will be notified later.

## Events This Week

- ◆ **Swimming** — children need to bring togs and towels everyday as class programmes are organised for daily swimming. Junior students need a sweatshirt to put on after their swim please.
- ◆ Wednesday 11 Feb—BOT Meeting. 6.30p.m. in the Board room. All Welcome.
- ◆ Thursday 12 Feb—Technology for Year 7 & 8 at Pukekohe Intermediate. Children must be at school by 8.45a.m. Shoes compulsory.
- ◆ Friday 13 Feb—First School Assembly—2.15p.m. All Welcome. Please be aware that should the weather not be suitable for an outside assembly we will need to cancel this.

## Events for Next Week

- ◆ Tues 17 Feb—First School Council meeting
- ◆ Tues 17 Feb—Parent Meetings—see invitation over. Maori Consultation meeting.
- ◆ Tues 17 Feb—PTA Meeting—7p.m. All Welcome
- ◆ Fri 20 Feb—BOT Family BBQ & Swim

## Class Parent Meetings Tuesday 17 February

We **invite** and encourage parents to attend class meetings where you can meet the teachers, discuss routines and expectations and ask questions of class programmes, etc. Teachers will repeat the sessions twice which will allow parents with more than one child to attend each class meeting. The first session will begin at 3.10 p.m., the second at 3.30 p.m. in each classroom. If you then require an individual meeting you can arrange this with the teacher concerned for later in the week.

## Maori Consultation Meeting

There will be a consultation meeting after the class parent meetings on Tuesday 17 February at 3.45p.m. for parents of Maori students. Our 2014 results will be discussed and the draft charter/strategic plan and the target for 2015. **Please** try to make this meeting so that your views can be considered in the final document. If you are unable to make this meeting please contact the Principal and offer your views.



**EVERYDAY CHOICES**

**NUTRITION INFO PANEL**

Look at the 100g column, if...

- Total fat is less than 10g
- Sugars less than 15g
- Fibre more than 5g

then it's an everyday choice!

**NUTRITION INFORMATION (Average)**

Serving Size: 30g (2 Biscuits)	Per 100g	Per 100g
Servings per package: 1	100g	100g
Energy (kJ)	463	1520
Energy (kcal)	110	330
Protein (g)	3.6	12.0
Total Fat (g)	10.1	33.7
- Saturated Fat (g)	0.1	0.3
Total Carb (g)	11.0	36.7
- Sugars (g)	0.8	2.6
Dietary Fibre (g)	3.2	10.7
Sodium (mg)	8	26
Potassium (mg)	100	333
Thiamin (Vit B1) (mg)	0.55 (100%)*	1.65
Riboflavin (Vit B2) (mg)	0.42 (100%)*	1.4
Niacin (Vit B3) (mg)	2.2 (100%)*	8.3
Folate (µg)**	100 (100%)*	333
Iron (mg)	3.0 (100%)*	10

\* Percentage of Recommended Dietary Intake  
\*\* 1 serving provides 23% of the folate RDI  
woman of childbearing age

## Thought for the Week

*"Wisdom is to live in the present, plan for the future and profit from the past."* Anon

**Have a super week**

Regards

Mavis Glasgow (Principal)

# Dates for Term 1 2015

- ◆ **Evaluation of 2014 Targets and school-wide National Standards results / Draft Charter & Strategic Plan**— these will be available for perusal and comment in the school foyer after the BOT Meeting. Please take the time to look over these and comment to Mrs Glasgow, a Board member or make comment on the slip near the draft documents. The final documents must be to the Ministry of Education by 1 March.
- ◆ **Swimming Pool opening after school**— Parents are welcome to supervise their children for a swim in our school pool after school from 3 p.m.—5 p.m. starting tomorrow afternoon. Arrangements must be made with parents if you are going to supervise other children. The key must be collected from Mrs Glasgow or Mrs Mills, with its return at the end of the swim. The last family in the pool are asked to carefully put on the pool covers to keep the pool warm for the next day. Any problems Mrs Glasgow will be on site.
- ◆ **Hats**—Children have been very good in wearing their hats during intervals so far this year. It is compulsory for all children to wear the school uniform hat for term one. This must be named inside (not on the outside) Children not wearing hats will be expected to sit under the umbrella during the interval.
- ◆ **Sunscreen**—The school has purchased pump bottles of sunscreen for each class from the Cancer Society; Ultra Outdoor SPF 30+. If you would rather your child did not use this brand please send along their own named sunscreen and inform their teacher of this. Many thanks to the PTA for supporting this.

- 11 Feb—BOT Meeting
- 12 Feb—First Yr 7 & 8 Technology at Pukekohe Int
- 13 Feb—First School Assembly
- 17 Feb—School Council Meeting
- 17 Feb—Parent Meetings/Maori Consultation meeting
- 17 Feb—PTA Meeting 7 p.m.
- 19 Feb—Junior School Dinosaur visit (at school)
- 20 Feb—BOT Family BBQ/Sports evening
- 23 & 26 Feb—Water Safety lessons
- 23 Feb—27 Feb—EOTC week (Juniors Yrs 1—3)
- 24 Feb—Senior Swimming Sports
- 3 Mar—Franklin Triathlon
- 4 Mar—Junior Swimming
- 6 March—Orienteering lessons
- 9 & 10 Mar—Junior School St John lessons
- 10 Mar—North Group Swimming – Yr 7/8
- 12 Mar—North Group Swimming—Yr 6 & Below
- 13 Mar—School Assembly
- 17 Mar—PTA, AGM
- 17 Mar—Franklin Swimming—Yr 7/8
- 19 Mar—Franklin Swimming—Yr 6 & Below
- 20 Mar—School Orienteering
- 23 Mar—PhotoLife photos
- 25 Mar—Orienteering Practice—selected chn
- 27 Mar—Franklin Padder Tennis
- 27 Mar—School Assembly
- 29 Mar—Franklin Cultural Festival
- 30 Mar—Franklin Orienteering
- 1 Apr—Auckland Swimming—Yr 7/8
- 2 Apr—Final day of Term 1

These dates are also on our website

## Community Notices

### Mathletics 2015

All students can now access Mathletics for 2015. Classroom teachers will send home the official Mathletics Parents' Letter in the next few days. This tells you how to make the most of Mathletics to help your children progress in Mathematics. Please ensure siblings (or anyone else) do not use your child's username and password as this will distort your child's results. Teachers will be monitoring progress on Mathletics and adjusting work or groups based on results. Did you know parents can receive updates via email from Mathletics? See the letter for details.

## Community Notices

### GUITAR TUITION

Mr Brown will be teaching guitar at Buckland School again this year. If you are interested, please collect a brochure from the school noticeboard or contact him on 238 9335 or 0210 466 724.

### GROOVIT HIP HOP DANCE STUDIO

Two week free trial—Classes start 9 February  
Ages 3-adults  
New Waiuku class 10-13 yrs at St Johns Hall  
Contact info@groovit.co.nz or ph 027 206 9897

### THE POLITICALLY INCORRECT GUIDE TO RAISING BOYS & GIRLS

Presented by Nigel Latta

Monday 16 March 7.30pm at Pukekohe High School Hall  
Tickets \$30 available from Pukeohe High School Childcare Centre, 18 John St, Pukekohe ph 238 0404



## JUST GOOD LUNCHES

*Healthy lunchbox solutions-delivered fresh daily*

We service your School every **Monday!**

CHECK OUT OUR MONTHLY SPECIALS

Please remember to get your orders in by 9pm the night before delivery.

JGL gives back to your school 10% of all sales generated by your school

[www.justgoodlunches.co.nz](http://www.justgoodlunches.co.nz)



### FOUND

Man's jersey left in Mr Nicholson's boat during 2014 Kawau Camp. Please claim from the school office.

### THE FLASH BANG SCIENCE CLUB

The Flash Bang Science Club is bringing science to life with fun filled, action packed science sessions. Inspire your curious kids with practical, hands on experiments in our after school classes & holiday workshops for children aged 7+. Term 1 sessions commence on Wed 11 February 3.30-4.30 pm in Pukekohe. For more information email:

admin@theflashbangscienceclub.co.nz or ph 021 0274 6121  
[www.flashbangscienceclub.co.nz](http://www.flashbangscienceclub.co.nz)

### UNIFORM FOR SALE

1xsz 10 3/4 cargo pants, 2xsz 10 polo shirts, 1xsz 10 long sleeve polo shirt  
Phone Janine on 021 884 176

### Newsletter Return Slip Draw —Wk 2 T1 15

The ..... family received the newsletter this week. Signed: \_\_\_\_\_  
(enter family name)