

# Buckland School Newsletter

Buckland School is committed to providing quality education that engages students fully in a wide range of learning experiences that will assist them in preparing for the challenges of the future.

3 March 2014

Wk 5 T 1 2014

Dear Parents and Community Members  
Tena Koutou

- ◆ **Junior EOTC Week**—What a super week the juniors had last week, made possible only by the wonderful assistance from parents and the commitment of staff. A HUGE thanks to all who contributed to the activities, the food organisation, and the sleep over. It was great to see so many people joining us for the dinner on Thursday night. CONGRATULATIONS to all the children who met challenges over the week and who participated so enthusiastically.
- ◆ **Franklin Primary Schools' Triathlon**
- ◆ After school practice tomorrow: Tuesday 4 March for all who can make it. Please have all gear—bike, shoes, aqua shoes, helmet, swimming togs and towel. We will require parents to assist on the road to ensure safety. If you can help please be at school by 3 p.m.
- ◆ **Child Restraint laws**—are you complying? Over the next few months police checks will be conducted at all our local schools during drop off & pick up times to ensure that parents are complying with the new legislation and correctly utilising approved child safety restraints. For more information see: [www.nzta.govt.nz/traffic/students-parents/child-restraints](http://www.nzta.govt.nz/traffic/students-parents/child-restraints).
- ◆ **Healtheries Competition**—a pamphlet is coming home about this competition with your child today. Simply swipe your ONECARD when you purchase any 2 Healtheries Supplements, Teas or Kidscare products between 3—30 March & your automatically in the draw to win \$10000 in sports gear for your nominated school. Winner also gets \$1000 prize pack.
- ◆ **UNSW International Competitions and Assessments**—if you would like your Yr 4—8 child to take part in these assessments please fill out the form available from the noticeboard in the office foyer, enclose the entry fee and put in the drawer in the office. Entries close 31 March. Children must be prepared to work on trial tests prior to the assessments.

## Thanks to:

- ◆ Mr Bird who provided all children with water safety lessons over last week.
- ◆ All who joined us for the Junior & Senior swimming sports. Many thanks to those who assisted with timekeeping, etc.
- ◆ All who attended the Yr 7/8 consultation meeting last week

### Events This Week

- ◆ Free Swimming Lessons begin for Yrs 3—6 every day. Children must be swimming please! Togs, towels & a polo fleece to put on after please.
- ◆ Mon 3 & Fri 7th—Go Girls cricket at lunchtime.
- ◆ Tues 4 Mar—HPV vaccinations for Yr 8 girls who have sent back permission slips.
- ◆ Tues 4 Mar—After school triathlon practice for those who can make it.
- ◆ Thurs 6 Mar—Yr 7/8 Technology
- ◆ Fri 7 Mar—Catch up School Assembly—2.15p.m. All Welcome

### Events for Next Week

- ◆ Free Swimming Lessons continue for Yrs 3—6 every day.
- ◆ Tues 11 Mar—Franklin Yr 7/8 Swimming—selected chn.
- ◆ Tues 11 Mar—After school triathlon practice
- ◆ Wed 12 Mar—After school triathlon practice
- ◆ Wed 12 Mar—Bible in Schools begins
- ◆ Thurs 13 Mar—Franklin Yr 6 & Below swimming—selected children.
- ◆ Fri 14 Mar—Franklin Triathlon
- ◆ Fri 14 Mar—School Assembly.

## SUGAR



Sugar can be 'hidden' in lots of foods.

Read the ingredients list on packaged foods to find other types of sugar.

Other ingredient names for sugar include:

sucrose, glucose, lactose, fructose, sorbitol, mannitol, corn syrup, honey, maltose, dried fruit, malt extract, molasses and golden syrup.



### Medicine at School

Parents who require their child to be given medicine at school **must** complete a consent form which is available on the school website or from the school office. Medicine will not be administered without parental consent. Children must not keep medicine in their school bags.

### Thought for the Week

*"And remember, we all stumble, every one of us. That's why it's a comfort to go hand in hand."*

*E. K. Brough (American writer)*

*Regards  
Mavis Glasgow (Principal)*

### Newsletter Return Slip Draw —Wk 5 T 1 14

The ..... family received the newsletter this week.

Signed: \_\_\_\_\_ (enter family name)

## Congratulations to:

The following children who placed in the Senior Swimming Sports:

### Freestyle 1 Length—8 years

**Girls:** 1st Tyler Rm6, 2nd Summer Rm6, Azura Rm8

**Boys:** 1st Aidan Rm 7, 2nd Jack Rm 6, 3rd Cooper Rm6

### Freestyle 1 Length—9 years

**Girls:** 1st Olivia Rm 8, 2nd Celes Rm 8, 3rd Tylah Rm 7

**Boys:** 1st Jack Rm 9, 2nd Ryan Rm 8, 3rd Finn Rm 9

### Freestyle 1 Length—10 years

**Girls:** 1st Chelsey Rm 9, 2nd Baillie Rm 9, 3rd Aanja Rm 9

**Boys:** 1st Chase Rm 9, 2nd Jackson Rm 9, 3rd Max Rm 8

### Freestyle 2 Lengths Year 7

**Girls:** 1st Cleo Rm 10, 2nd Chloe Rm 10

**Boys:** 1st Nathan Rm 10, 2nd Keegan Rm 9, 3rd Ethan Rm 10

### Freestyle 2 Lengths Year 8

**Girls:** 1st Emma Rm 10, 2nd Tarryn Rm 10, 3rd Lucia Rm 10

**Boys:** 1st Taylor Rm 10, 2nd Max Rm 10, 3rd Jeremy Rm 10

### Freestyle 4 Lengths—8 years

**Girls:** 1st Calais Rm 7

**Boys:** 1st Daniel Rm 7

### Freestyle 4 Lengths—9 years

**Girls:** 1st Ashley Rm 8, 2nd Summer Rm 9, 3rd Rocel Rm 8

**Boys:** 1st Finn Rm 9, 2nd Ethan Rm 7

### Freestyle 4 Lengths—10 years

**Girls:** 1st Chelsey Rm 9, 2nd Bearna Rm 9

**Boys:** 1st Chase Rm 9, 2nd Max Rm 8

### Freestyle 4 Lengths—Year 7

**Boys:** 1st Nathan Rm 10, 2nd Keegan Rm 9, 3rd Kaleb Rm 9

### Freestyle 4 Lengths—Year 8

**Girls:** 1st Lucia Rm 10, 2nd Abbey Rm 10

**Boys:** 1st Taylor Rm 10

### Backstroke 1 Length—8 years

**Girls:** 1st Summer Rm 6, 2nd Azura Rm 8, 3rd Shelby Rm 8

**Boys:** 1st Jack Rm 6, 2nd Jake Rm 6, 3rd Kullen Rm 6

### Backstroke 1 Length—9 years

**Girls:** 1st Tylah Rm 7, 2nd Olivia Rm 8, 3rd Sophie Rm 9

**Boys:** 1st Jack Rm 9, 2nd Matthew Rm 9, 3rd Matthew Rm 9

### Backstroke 1 Length—10 years

**Girls:** 1st Aanja Rm 9, 2nd Chelsey Rm 9, 3rd Jasmine Rm 9

**Boys:** 1st Jackson Rm 9, 2nd Max Rm 8, 3rd Chase Rm 9

### Backstroke 2 Lengths—Year 7

**Girls:** 1st Cleo Rm 10, 2nd Madison Rm 10, 3rd Chloe Rm 10

**Boys:** 1st Nathan Rm 10, 2nd Ethan Rm 10, 3rd Keegan Rm 9

### Backstroke 2 Lengths—Year 8

**Girls:** 1st Emma Rm 10, 2nd Shawna Rm 10, 3rd Abbey Rm 10

**Boys:** 1st Taylor Rm 10, 2nd Max Rm 10, 3rd Nicholas Rm 10

### Breaststroke 1 Length—8 years

**Girls:** 1st Summer Rm 6, 2nd Calais Rm 7

**Boys:** 1st Jack Rm 6

### Breaststroke 1 Length—9 years

**Girls:** 1st Summer Rm 9, 2nd Rocel Rm 8, 3rd Celes Rm 8

**Boys:** 1st Ryan Rm 8, 2nd Grady Rm 8, 3rd Jack Rm 9

### Breaststroke 1 Length—10 years

**Girls:** 1st Aanja Rm 9, 2nd Chelsey Rm 9, 3rd Baillie Rm 9

**Boys:** 1st Jackson Rm 9, 2nd Max Rm 8

### Breaststroke 2 Lengths—Year 7

**Girls:** 1st Chloe Rm 10

**Boys:** 1st Nathan Rm 10, 2nd Jaxon Rm 10

### Breaststroke 2 Lengths—Year 8

**Girls:** 1st Emma Rm 10

**Boys:** 1st Nicholas Rm 10, 2nd Max Rm 10

## Measles

Between late December 2013 and 24 February 2014, there have been 47 confirmed measles cases reported in New Zealand, 29 of which were in Auckland. Most cases have occurred in unimmunised people, and immunisation remains the best way to prevent infection and spread within the community.

Measles is a highly infectious disease that affects both adults and children. Measles is more serious than many people realise. Symptoms include fever, cough, red eyes and a runny nose followed by a rash which tends to start on the face, before moving over the head and down the body. The rash develops about 3 days after the other symptoms start. Complications can include middle ear infections, pneumonia and more rarely encephalitis.

The best protection against measles is the measles, mumps and rubella (MMR) vaccine which is free for all children. MMR vaccinations are scheduled at 15 months and 4 years.

MMR vaccination is also free for susceptible adults born after 1 January 1969 who have not received two doses of a measles containing vaccine. Pregnant women can't be vaccinated against measles while they are pregnant and are at greater risk of measles complications if they get sick.

Students and teachers with measles are infectious from 5 days before to 5 days after the onset of the rash and must stay away from school and follow the advice of the local medical officer of health. Those students that have not been fully immunised (two doses of MMR) or those with no immunity to measles, who have been in close contact with a measles case during the infectious stages must stay away from school for 14 days from their last contact. These exclusions also apply to staff and students taking part in interschool sporting and other events.

For more information on measles and measles immunisations visit the Ministry of Health website <http://www.moh.govt.nz/measles> or call the Immunisation Advisory Centre on 0800 466 863 for advice.

## Community Notices

### UNIFORM FOR SALE

Jacket—Size 8

Excellent brand new condition—hardly worn

\$30

Phone Trish on 0274 615731 or 238 3164

### DISCOVERERS CLUB

We are looking for new active members to fill the following positions: Secretary, Newsletter, Events co-ordination/ helpers.

Please if you have enjoyed our activities in the past, have ideas, or happy to help out come along and join us.

**Thursday 6 March at 7pm**

**Allan Wilson Room, Franklin The Centre**

Any question or if you want to discuss further phone Trish on 238 8265.

### BOMBAY RUGBY CLUB JUNIOR REGISTRATIONS

Tuesday 4 & Thursday 6 March

5-7 pm

Bombay Rugby Clubrooms

