

Report On Kelly Sports Swimming Lessons

Every Thursday we do Kelly Sports swimming lessons. The coaches' names are Mike and Shyanne. They have taught the class to skull and tread water and also to survive in the ocean.

We have three rules. They are to listen when the coaches are talking, to not go under the water when they are talking and to have lots and lots of fun! They also taught us to get into the water safely by doing an quarter turn.

We have played a lot of games too, like White Water, Catch the Buffalo, Dragon's Tail and Rainbow Rush. I think that White Water is the hardest because it is very hard to breathe. White Water is a game when the class is in a parallel line with flutter boards and someone is in the middle and the class makes big waves and you try and swim to the other side without touching the ground.

I think our class is very lucky because the swimming lessons go through until the end of morning tea so afterwards we get the senior field and the playground all to ourselves! Also the whole school is lucky to have Kelly Sports swimming lessons!

By Caitlin
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